The Women and Gender Resource Center

Faculty and Staff Services and Resources

Counseling & Advocacy Services: We are committed to decreasing incidents of interpersonal violence and promoting a campus environment in which all people can feel safe.

- **Free and confidential counseling and advocacy** are provided for University of Alabama faculty, staff, and students, as well as Shelton State Community College students who are victims of interpersonal violence, such as sexual harassment, sexual assault, dating/domestic violence, sexual exploitation, stalking, or childhood abuse. All survivors, regardless of gender, are served. Family members of victims are also eligible for services. Please call 205-348-5040 if you have questions about our counseling and advocacy services.
- **Breaking Free support group:** is a support group for female survivors of sexual, emotional and physical abuse that occurred within their family or home as a result of unhealthy family dynamics. Call for more information and screening.
- Through the work of the multi-disciplinary **Campus Anti-Violence Task Force**, we are able to provide a coordinated campus community response that includes a comprehensive array of education and services. Faculty, staff and student organization representatives are welcomed. Please contact Zoe Winston at ZLStorey@sa.ua.edu for more information.

Special Programs:

- **The Every Woman Book Club:** Open monthly meetings are held to discuss a book authored by a female writer.
- **Chocolate Festival:** Local chocolatiers and bakers donate items for participants to sample while learning about heart disease, breast cancer, ovarian cancer, and other women's health needs. In addition to delectable chocolates, this event during Family Weekend in September, features a silent auction and is a fundraiser supporting our counseling & advocacy services.
- **Lunafest:** Held at the Bama Theatre in March, this international traveling film festival of short film stories for, by, and about women, features food and a silent auction & helps to raise money for The Women and Gender Resource Center services & The Breast Cancer Fund.

*Please contact Paige Miller at cpmiller1@sa.ua.edu or call 205-348-5040 for more information on special programs.*

Speaking Engagements: Throughout the year, there are opportunities to invite speakers from the Women and Gender Resource Center to present on the WGRC resources, gender issues, interpersonal violence, and many other topics. Presentations can be tailored to fit your class or organization’s needs. To book a presentation for your class or organization, contact Zoë Winston at zlstorey@sa.ua.edu or visit our website at [http://wgrc.ua.edu](http://wgrc.ua.edu)

Educational Materials:

- **Frances S. Summersell Library:** As part of the UA Library System, this collection housed in the WGRC, contains books and films on a wide variety of gender-related topics.
For Your Students

**Student Leadership Programs:** These programs help students to fulfill their potential and become leaders in their personal and professional lives, as well as in their communities. Students participate in programs that allow all members to contribute and take a leadership role, and encourage information sharing, networking, and mentoring.

Examples of our leadership programs include:

- **Young Women Leaders Program:** Using individual and team mentorship, YWLP pairs a UA student “Big Sister” with a “Little Sister” in the 5th grade.
- **Young Men's Leadership Program:** Using individual and team mentorship, YMLP pairs a UA student “Big Brother” with a “Little Brother” in the 5th grade.
- **WGRC Student Leadership Council:** SLC provides students the opportunity to cultivate their leadership skills through rigorous volunteering opportunities. Members plan and implement several volunteer and leadership initiatives throughout each academic year. Through these initiatives, council members will be engaged in complex social justice issues.
- **Elect Her-Campus Women Win:** Co-sponsored with the AAUW, this spring event helps women learn how to get elected to SGA and other leadership and political positions.
- **Iota Iota Iota:** Iota Iota Iota (Triota): Co-sponsored by the Women and Gender Resource Center & Gender and Race Studies, this international honor society is dedicated to the ideals of excellence in scholarship. Triota promotes an interest in research, community service and social issues. Triota strives to maintain feminist values central to women's studies: *egalitarianism *inclusive *diversity
- **American Association of University Women (AAUW):** Co-advised through the Women and Gender Resource Center, this campus student organization, affiliated with the national organization, give students the resources and support to engage their community on women’s equity issues. Students gain leadership skills, create change on their campus, address equity issues, and connect with a national community.
- **Unscripted:** This group of student actors/peer educators uses interactive improvisational theatre to educate the campus community about social justice issues and interpersonal violence.

**The Women's Dissertation and Thesis Support Group:** The Women's Dissertation and Thesis Support group is a weekly informational and supportive group to answer questions and provide feedback during the daunting research process. Group members meet weekly to increase skills, decrease a sense of isolation and hold each other accountable for establishing and accomplishing goals. Please contact Paige Miller at cpmiller1@sa.ua.edu or call 205-348-5040 for more information.

**Support the Center/Volunteer:** To accomplish our goals, the WGRC uses volunteers in a number of ways, from administrative duties, activism and awareness, to leadership positions. We welcome the opportunity to work with individual volunteers, interns, or groups interested in service learning opportunities and social justice work. Students may also submit an idea for a special project of interest they would like to organize. For more information, visit our website. Please contact Jackie Northrup at jmnorthrup@sa.ua.edu or call 205-348-5040.

The mission of the Women and Gender Resource Center is to foster a community that values social justice, safety, leadership, mentoring, education, multiculturalism, partnership and research. This is accomplished by gender-centered outreach, advocacy and support to individuals and communities of all identities.